

HOW TO BUILD YOUR PERSONAL STYLE WORKSHEET

BY JULIE ROTH, STYLE BY JR

Here are a couple of my best pieces of advice for enhancing, streamlining, or building your own personal style.

1

COMFORT AND CONFIDENCE

What clothing items are you most comfortable in? What items fit you perfectly and compliment your body? What items do you feel most confident in?

2

LOOK FOR INSPIRATION

What kinds of looks are you drawn to on Pinterest? Who's style do you love? If you could define your perfect personal style in 5 words, what would they be?

3

IF YOU DON'T TRY, YOU'LL NEVER KNOW

List a couple of wardrobe pieces that you would like to add but are scared to try because they "might not look good" and commit to trying them!

4

SHIFT YOUR PERSPECTIVE

What are some pieces that you have never considered pairing before? Consider layering, wearing pieces differently than intended, or pattern mixing.

5

ADD A TOUCH OF SPARKLE

How will you add sparkle to an outfit?

6

THE RIGHT EYEWEAR CAN ENHANCE ANY LOOK!

Do you love your frames? Do you consider your frames part of your "style"? What do your dream frames look like? Sketch them if you're feeling artsy!